## **ABSTRACT**

A heat-cooking apparatus includes blowing means (100) that blows cooling air to an opening (20a) of a heating chamber (20) when a door (11) is opened after steam is supplied to the heating chamber (20) for preparatory operation before heat-cooking or for heat-cooking itself. More specifically, after steam is supplied to the heating chamber (20), when the door (11) is opened, the blowing means (100) drives a conventionally existing cooling fan (101) to suck in cooling air from outside the apparatus, and deflects the cooling air toward the opening (20a) of the heating chamber (20) with a decoration box (102) so that the cooling air is blown to the opening (20a) so as to pass sideways substantially across it. Thus, the cooling air mixes with high-temperature steam that tends to overflow frontward as soon as the door (11) is opened, and thereby lowers the temperature of the steam. This surely prevents the user from being hurt, as by being burnt, with the overflowing steam. Thus, without use of special exhausting means, it is possible to open the door (11) while ensuring the safety of the user even immediately after a heating medium (for example, steam) is supplied to the heating chamber (20).